

## Zoom Whitening



**Zoom Whitening is a wonderful way to brighten your smile and remove external stains from your teeth. Zoom is not only proven to whiten teeth up to eight shades, it's also safe. The most common side effect is tooth and gum sensitivity. We can give you tips and dispense products that will help minimize this sensitivity. If you're scheduled for an appointment, we recommend taking over-the-counter ibuprofen at the age specific dose on the bottle an hour before your appointment if you're not allergic to NSAIDS.**

**Whitening treatments help to reduce existing extrinsic stains, but through consumption of coffee, soft drinks or just through natural aging, your teeth may eventually become discolored again. Maintenance whitening can help combat recurring discoloration. We can recommend products that will help you maintain your Zoom results.**

**There are many causes of tooth discoloration. Some of the most common include the consumption of highly colored foods and drinks (berries, coffee, tea, red wine). Some medications, aging, smoking and trauma can also cause teeth discoloration.**



**With Zoom Whitening, your teeth will be visibly whiter after the whitening appointment. The appointment usually takes about 2 hours and your teeth will become up to eight shades whiter. Once all the protective measures have been applied, you can recline and watch television or listen to your favorite music on our headsets during the bleaching time. The actual bleaching time occurs in 3 fifteen minute sessions. We will take before and after photos, so you can see the results.**