

# Extractions



Occasionally, teeth need to be extracted. There are various reasons to extract teeth such as:

- making room for orthodontic reasons.
- teeth that are fractured or decayed beyond repair.
- impacted or problematic wisdom teeth.
- teeth that are infected and patients desire extraction versus repair.

If you have a tooth that might need to be extracted, we usually schedule you to come in for an examination that would include taking x-rays. If we have time in the schedule, we could remove the tooth in the same visit.

The fee for an extraction is coded on a “per tooth” basis. The questions we ask when determining the fee is: How easy it is to extract? Is it impacted by bone or soft tissue? Is it a baby or adult tooth? Is it a root tip or a whole tooth?

We have nitrous oxide (laughing gas) available and can use a preoperative anxiolytic agent if you desire.

If you’ve had an extraction, the following is a copy of our post operative instructions:

# **Extraction Post Operative Instructions**

## **DON'TS**

- Don't smoke or use tobacco products.
- Don't directly brush the extraction socket for the first 3-4 days after surgery.
- Don't spit or suck through a straw.
- Avoid strenuous activity or heavy lifting for 2-3 days.
- Don't play any wind instruments or inflate balloons for 10-14 days.
- Avoid sticky foods such as taffy and foods that crumble such as potato chips, crackers, and popcorn.
- Don't drive or operate machinery if taking narcotic analgesic medication.

## **DO'S**

- Keep the extraction area clean by wiping it gently with a clean, wet, gauze.
- Gently rinse with warm salt water 4 times a day (1/2 teaspoon of salt in 1 cup of water). Rinse with a 1/4 cup at a time forcing the salt water over the extraction site and let run out of the mouth without forcefully spitting.
- Take medications as directed by Dr. McManigal.
- Apply firm pressure to the dampened gauze pad for 30 minutes after the extraction, repeat with additional gauze.
- Maintain a soft diet with foods such as jello, pudding, yogurt, cream of wheat for the first 1 - 2 days.
- Call Dr. McManigal at 402-709-3418 if there is any excessive swelling not controlled by an ice pack.

## **What to Expect**

- It is normal for some blood to ooze from the site for 12 hours.
- There is usually pain, soreness, or discomfort after an extraction. It may be immediately after the procedure or occur a day or two later. Most pain is controlled by Tylenol or Ibuprofen. If the pain is excruciating or if there is unexpected swelling, give our office a call.